



# **VOLUNTEER BEFRIENDERS NEEDED**

Befriending can mean the world to people who are isolated and lonely. We are looking for keen volunteers\*\* who could make a difference to the happiness and wellbeing of an older person. We ask that you are committed to calling once a week, be respectful, patient and confidential when talking to our clients and to enjoy each other's company. We would initially start by telephone befriending and then progress to face-to-face when both parties are comfortable to do so.

If you are interested or would like further information, please contact [kim.johnson@ageconcernsandwich.com](mailto:kim.johnson@ageconcernsandwich.com).

**AGE**  
*Concern*  
**SANDWICH**

\*\* Volunteers are required to complete reference and DBS checks before starting.

**Do you have some spare time?**

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**Do you like chatting to others?**

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**Are you empathetic and a good listener?**

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**Are you looking to make a difference to the community?**

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**Would you like to make a difference to someone's life?**

**Age Concern Sandwich**

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