



Social Prescribing

DEAL AND SANDWICH PRIMARY CARE NETWORK



DROP IN

What we can help with?



Social related support such as: -

- Housing related queries
- Welfare benefits & debt advice
- Help with daily living tasks
- Making lifestyle changes
- Combating isolation/loneliness
- Living with anxiety/depression
- Accessing community groups & activities
- Navigating the health & social care system.

WE ARE HERE

AGE
Concern
SANDWICH

4th Tuesday
of the month
10am-11am



(01304) 744075



<https://www.dealandsandwichpcn.co.uk/pages/Social-Prescribing>



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@DealSandwichPCNSocialPrescribing

