

18+ DIABETES PEER TO PEER SUPPORT GROUP

*Please come to share your experience, journey,
and learn together how to live well with
diabetes.*

When : 3rd Thursday of every month

Dates:	15 th February	15 th August
	21 st March	19 th September
	18 th April	17 th October
	16 th May	21 st November
	20 th June	19 th December
	18 th July	16 th January 2025

Where : Age Concern Sandwich Well-being Centre
19-21 Cattle Market
Sandwich CT13 9AP

For registration and enquiries :

Thanet : 01843 223881 diabetes@ageukthanet.org.uk

Sandwich : 01304 614237 office@ageconcernsandwich.com

